

Ensana Thermal Margaret Island Health Spa Hotel

1 Week Basic Balneotherapy, Cure Holiday & Leisure Packages
January 11, 2024- January 10, 2025

Leisure Package includes:

- * 7 night accommodation in Premium Room
- * Welcome cocktail, half board including breakfast & dinner (beverages not included)
- * Group exercise classes: gymnastics, aqua-fitness, stretching, Nordic walking (per schedule)
- * Unlimited use of swimming pools, thermal bath, whirlpool, sauna, aroma & steam room, fitness center, jacuzzi
- * 24/7 use of Ensana Health Club
- * Once a week coffee & cake at the bar
- * Ladies' hours in the thermal basins: Monday-Wednesday-Friday between 12 p.m. & 1 p.m.
- * Tax & Service charge
- * Complimentary dental exam upon request
- * Bathrobes are available
- * Complimentary Wifi in entire hotel

from
\$794
per person
in Premium
room

Basic Balneotherapy Package includes:

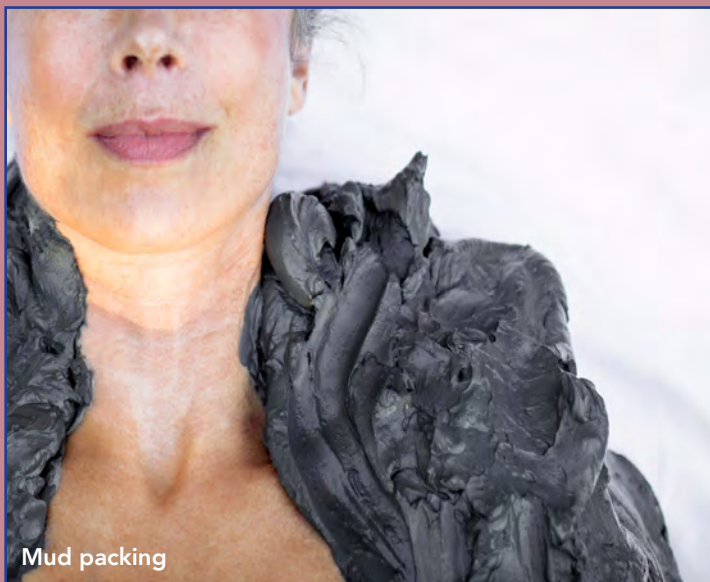
- * Leisure Package services plus treatments
- * 6 individual classical cure treatments, combining natural resources and physical therapy. The basic elements of the therapy, according to the individual treatment plan include:
 - * Physician's initial check-up and 6 treatments from the following, as prescribed:
 - * Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 3 medical massages 20')
 - * Electrotherapy * Mudpack (20')
 - * Inhalation (60')

from
\$1030
per person
in Premium
room

Essential Spa Stay Package includes:

- * Leisure Package services plus treatments
- * 12 individual classical cure treatments, focused on relaxation. Available treatments in package: Physician's initial check-up and 12 treatments from the following, as prescribed:
 - * Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 4 medical massages 20')
 - * Electrotherapy * Mudpack (20')
 - * Inhalation (60')

from
\$1,277
per person
in Premium
room



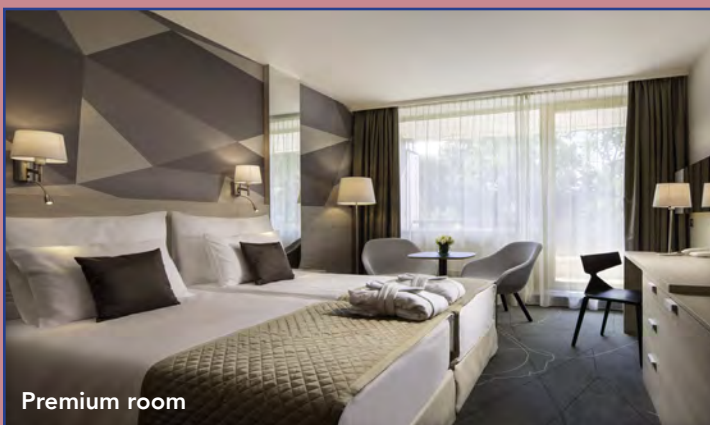
Mud packing

* Upgrade to higher category rooms are available. Please ask for surcharges.

* Leisure Package includes: half board & use of spa facilities (pool, sauna & fitness room). No treatments or massages are included in Leisure Package rates.



Outdoor pool



Premium room

Ensana Thermal Margaret Island Health Spa Hotel

2 Week Basic Balneotherapy, Complete Spa Therapy & Leisure Packages
January 11, 2024- January 10, 2025

Leisure Package includes:

from
\$1,502
per person
in Premium
room

- * 14 night accommodation in Premium Room
- * Welcome cocktail, half board including breakfast & dinner (beverages not included)
- * Group exercise classes: gymnastics, aqua-fitness, stretching, Nordic walking (per schedule)
- * Unlimited use of swimming pools, thermal bath, whirlpool, sauna, aroma & steam room, fitness center, jacuzzi
- * 24/7 use of Ensana Health Club
- * Once a week coffee & cake at the bar
- * Ladies' hours in the thermal basins: Monday-Wednesday-Fri day between 12 p.m. & 1 p.m.
- * Tax & Service charge
- * Complimentary dental exam upon request
- * Bathrobes are available
- * Complimentary Wi i in entire hotel

Basic Balneotherapy Package includes:

from
\$1,974
per person
in Premium
room

- * Leisure Package services plus treatments
- * 12 individual classical cure treatments, combining natural resources and physical therapy. The basic elements of the therapy, according to the individual treatment plan include:
- * Physician's initial check-up and 12 treatments from the following, as prescribed:
- * Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 3 medical massages 20') * Electrotherapy * Mudpack (20')
- * Inhalation (60')

Complete Spa Therapy Package includes:

from
\$2,418
per person
in Premium
room

- * Leisure Package services plus treatments
- * 20 individual classical cure treatments and 4 group treatments focused on relaxation. Available treatments in package: Physician's initial check-up and 24 treatments from the following, as prescribed:
Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 10 medical massages 20') * Electrotherapy * Mudpack (20')
- * Inhalation (60')

Margaret Island was opened to the public in 1896 but until 1900, when the connecting link with Margaret bridge was built, the only access was by boat. Baths were built on the island around the end of the 19th century to exploit the natural waters. Since then, its been one of the most popular recreational areas in Budapest. Since no cars are allowed on the island, it is a great place for long walks. A public bus line connects the island with the Pest side of the capital and during the summer months ferry boats run frequently from Pest to the island. Cars may drive to the parking lot and the garage of the Thermal Hotel and Grand Hotel at the northern tip of the island. Close to the hotels, there is the open-air theater of the State Opera House with performances during the summer months.

* Upgrade to higher category rooms are available. Please ask for surcharges.

* Leisure Package includes: half board & use of spa facilities (pool, sauna & fitness room). No treatments or massages are included in Leisure Package rates.



Ensana Thermal Margaret Island Hotel was completed in 1979 as the world's first ever metropolitan health resort hotel. The hotel has 285 air-conditioned guestrooms and 8 suites. All rooms have a balcony, minibar & satellite TV. The hotel's Platán restaurant offers international, Hungarian and dietetic menus. The Spa Therapy Section has the most comprehensive installation of thermal bath and physiotherapy equipment, including thermal pools, sauna, underwater jet massage, carbon gas bath, inhalation, electrotherapy, therapeutic gymnastics, massage, mudpack and solarium. Dental plan is available.



BUDAPEST, HUNGARY

Ensana Thermal Margaret Island Health Spa Hotel

3 Week Basic Balneotherapy & Leisure Packages
January 11, 2024 - January 10, 2025

Leisure Package includes:

from
\$2,143
per person
in Premium
room

- * 21 night accommodation in Premium Room
- * Welcome cocktail, half board including breakfast & dinner (beverages not included)
- * Group exercise classes: gymnastics, aqua-fitness, stretching, Nordic walking (per schedule)
- * Unlimited use of swimming pools, thermal bath, whirlpool, sauna, aroma & steam room, fitness center, jacuzzi
- * 24/7 use of Ensana Health Club
- * Once a week coffee & cake at the bar
- * Ladies' hours in the thermal basins: Monday-Wednesday-Friday between 12 p.m. & 1 p.m.
- * Tax & Service charge
- * Complimentary dental exam upon request
- * Bathrobes are available
- * Complimentary Wi-Fi in entire hotel

Basic Balneotherapy Package includes:

from
\$2,818
per person
in Premium
room

- * Leisure Package services plus treatments
- * 20 individual classical cure treatments & 4 group treatment combining natural resources and physical therapy. The basic elements of the therapy, according to the individual treatment plan include:
 - * Physician's initial check-up and 24 treatments from the following, as prescribed:
 - * Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 5 medical massages 20')
 - * Electrotherapy * Mud pack (20')
 - * Inhalation (60')



Margaret Island

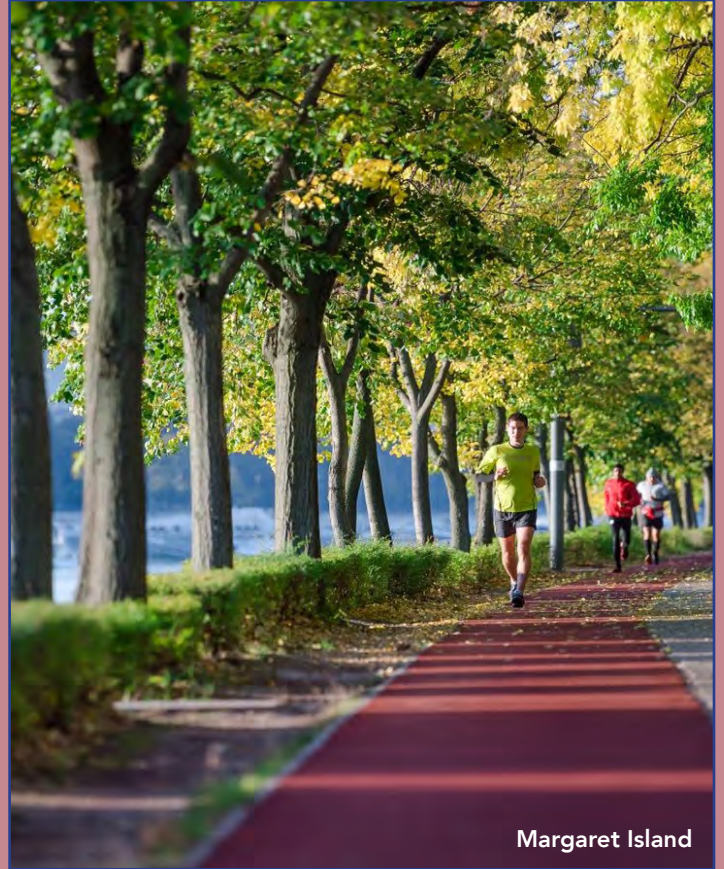
Ensana Thermal Margaret Island Health Spa Hotel

3 Week Complete Spa Therapy
January 11, 2024- January 10, 2025

Complete Spa Therapy Package includes:

from
\$3,520
per person
in Premium
room

- * Leisure Package services plus treatments
- * 36 individual classical cure treatments, focused on relaxation. Available treatments in package: Physician's initial check-up and 45 treatments from the following, as prescribed:
Balneotherapy * Hydrotherapy * Physiotherapy (incl. Max 15 medical massages 20') * Electrotherapy * Mudpack (20') * Inhalation (60')



BUDAPEST, HUNGARY