Ensana Thermal Héviz Health Spa Hotel

1, 2 & 3 week Leisure & Basic Balneotherapy Packages January 11, 2023 - January 10, 2024

1, 2 or 3 week Leisure Package includes:

- * Standard or Superior Room
- * 7, 14 or 21 night accommodation
- * Half board with rich buffet breakfast & dinner or lunch daily
- * Group exercise classes: morning gymnastics, aqua-fitness, stretching, Fit-ball, yoga, once a week Nordic walking education
- * Unlimited use of pools, indoor thermal bath, indoor swimming pool and jacuzzi, 200m2 outdoor leisure pool, outdoor thermal pool with sunning terrace (May-Sept)
- * Sauna facility: Finnish sauna, infrared cabin, steam cabin, experience shower, Finnish log sauna in the garden occasional sauna shows
- * Fitness room
- * Bathrobes are available
- * Free Wifi throughout hotel
- * Upgrade to superior room available. Please ask for surcharge



\$717

per person

Standard



1, 2 or 3 week Basic Balneotherapy Package includes:

- * All services as per Leisure Package
- * 7, 14 or 21 night accommodation
- * Physician's examination
- * 6 treatments per week advised by the Spa Physician.

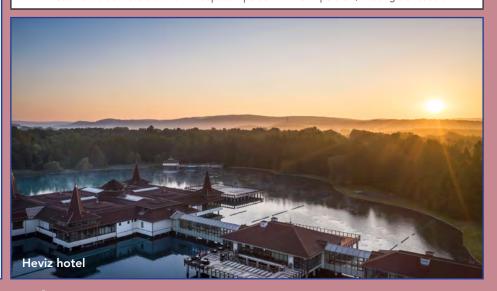
Available treatments: mechanotherapy 15-20 min, personalized therepeutic exercise 20 mins, partial classical massage 20 mins, (number of massages limited), electrotherapy 15-20 min, hydrotherapy 15-20 min, balneotherapy 15-20 min, underwater traction 15 min, mud pack 20 min, special cream pack, salt cave, oxygen inhalation



Private Transfers are available from Budapest Airport or Vienna Airport for \$196/single or double

Héviz Lake

The 12 acre Thermal Lake at Héviz has been known and used since the Roman times. It is fed by natural hot springs, which enables the lake's water to be changed within 3 days. The lake is the largest one of its kind in the world. The mildly radioactive water contains sulfur, alkalis, carbonate of hydrogen and principally calcium salts. The spring produces 86 million liters of water a day. The thermal water gushing up from the crater keeps the mass of water in a constant slow motion.



Ensana Thermal Héviz Health Spa Hotel

2 & 3 week Complete Spa Therapy Packages January 11, 2023 - January 10, 2024

2 or 3 week Complete Spa Therapy Package includes:

- * All services as per Leisure Package
- * 14 or 21 night accommodation
- * Physician's examination
- * 30 or 45 individual classical cure treatments, combining natural resources and physical therapies.

Available treatments: echan otherapy 15-20 min, personalized therepeutic exercise 20 mins, partial classical massage 20 mins, (number of massages limited), electrotherapy 15-20 min, hydrotherapy 15-20 min, balneotherapy 15-20 min, underwater traction 15 min, mud pack 20 min, special cream pack, salt cave, oxygen inhalation









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Ensana Aqua Health Spa Hotel

1, 2 & 3 week Leisure & Basic Balneotherapy Packages January 11, 2023 - January 10, 2024

1, 2 or 3 week Leisure Package includes:

from \$662 per person in Standard room

\$833

per person

in Standard

- * 7, 14 or 21 night accommodation
- * All inclusive food and selected beverages. (Breakfast, lunch afternoon tea, dinner)
- * Group exercise classes: morning gymnastics, aqua-fitness, stretching, Fit-ball, yoga
- * Unlimited use of pools: indoor thermal bath, indoor kids' pools, 200 m2 leisure pool (partly outdoors), outdoor swimming pool (May-Sept), Kneipp tread basin (May-Sept)
- * Once a week hiking and Nordic walking education
- * Bathrobes are available
- * Sauna facility: Finnish sauna, infrared Sauna, textile Sauna, steam room, occasinal sauna shows
- * Fitness room
- * Free Wifi throughout hotel
- * Upgrade to superior room available. Please ask for surcharge



1, 2 or 3 week Basic Balneotherapy Package includes:

- * All services as per Leisure Package
- * 7, 14 or 21 night accommodation
- * Physician's examination
- * 6 treatments per week advised by the Spa Physician.

Available treatments: mechanotherapy 15-20 min, personalized therepeutic exercise 20 mins, partial classical massage 20 mins, (number of massages limited), electrotherapy 15-20 min, hydrotherapy 15-20 min, balneotherapy 15-20 min, underwater traction 15 min, mud pack 20 min, special cream pack, salt cave, oxygen inhalation



Private Transfers from Budapest Airport or Vienna Airport for \$196/single or 2 passengers



HÉVIZ LAKE

The temperature of the lake is 92°-96° Fahrenheit in the summer and 80° Fahrenheit in the winter. Guests can use the waters of the lake all year round - indoors or outdoors. A cloud of fine vapor over the lake is a special sight to see. The high degree of evaporation not only makes open air bathing more pleasant on the coldest winter days, but also positively influences the climate around the lake.



Ensana Aqua Health Spa Hotel

2 & 3 week Complete Spa Therapy Packages January 11, 2023 - January 10, 2024

2 or 3 week Complete Spa Therapy Package includes:

- * All services as per Leisure Package
- * 14 or 21 night accommodation
- * Physician's examination
- * 30 or 45 individual classical cure treatments, combining natural resources and physical therapies.

Available treatments: echanotherapy 15-20 min, personalized therepeutic exercise 20 mins, partial classical massage 20 mins, (number of massages limited), electrotherapy 15-20 min, hydrotherapy 15-20 min, balneotherapy 15-20 min, underwater traction 15 min, mud pack 20 min, special cream pack, salt cave, oxygen inhalation









